

Sarah N. Arpin, Ph.D.
Department of Psychology
Gonzaga University
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Spokane, WA 99258

EDUCATION

- 2015 Doctor of Philosophy, Applied Psychology, Portland State University
 Major in Applied Social Psychology
 Minor in Quantitative Research Methods
- 2012 Master of Science, Applied Psychology, Portland State University
- 2010 Bachelor of Arts, Psychology, Magna Cum Laude, Gonzaga University
 Minor in Philosophy

PROFESSIONAL EXPERIENCE

Academic Positions

Assistant Professor of Psychology, Gonzaga University, 2015-present
Instructor, Psychology Department, Portland State University, 2013-2015
Teaching Fellow, Portland State University, 2012-2013

Other Positions

Graduate Research Assistant, *Project SERVE*, Portland State University 2013-2015
Graduate Research Assistant, Department of Psychology, Portland State University, 2010-2015
Research Assistant, Sleep and Performance Research Center, Washington State University, 2010

Courses Taught at Gonzaga:

PSYC 206, Scientific Principles of Psychology (3 credit hours)
PSYC 335, Social Psychology (3 credit hours)
PSYC 101, General Psychology (3 credit hours)
PSYC 207/207L, Research Methods in Psychology (4 credit hours)
PSYC 458, Social Relationships and Health (3 credit hours)

AWARDS, DISTINCTIONS, AND RESEARCH FUNDING

Dean's Faculty Development Award (\$2400), 2016
Susan Margaret Charlton Fund (\$780), 2015
Dean's Faculty Development Award (\$735), 2015
European Association of Social Psychology Seedcorn Research Grant (\$630), 2015
APA Dissertation Research Award (\$1000), 2014
SPSP Travel Award Recipient for EASP Summer School (\$750), 2014
Psychology Department Teaching Fellow, Portland State University, 2012-2013
AAA Travel Award, Portland State University, 2011-2013
Laurel Graduate Scholarship, Portland State University, 2011-2013

PUBLICATIONS

Peer-Reviewed Journal Articles:

Arpin, S. N., Froehlich, L., Lantian, A., Rudert, S., Stelter, M. (forthcoming). When “we” or “they” exclude others: Attributing and evaluating ostracism observed in ingroups and outgroups. *Comprehensive Results in Social Psychology*.

Arpin, S. N., Mohr, C. D., & Brannan, D. (2015). Having friends and feeling lonely: A daily process examination of transient loneliness, drinking behavior, and the influence of interpersonal relationships. *Personality and Social Psychology Bulletin*.

Mohr, C. D., **Arpin, S. N.** & McCabe, C. (2015). Daily affect variability and context-specific consumption. *Drug and Alcohol Review*.

Mohr, C., **Arpin, S.**, McCabe, C., & Haverly, S. (2016). Capitalization and alcohol use: A moderated mediation model of relationship status, positive-event disclosure, drinking motives and alcohol consumption. *Journal of Social and Clinical Psychology*.

Sinclair, R., Cheung, J., **Arpin, S.**, & Mohr, C. (2015). Personal Benefits of Strong Organizational and Community Ties: Well-being, Engagement and Retention. Special issue of the *Journal of Community Psychology: Organizational Theory in Community Contexts*.

Book Chapters:

McCabe, C. M., **Arpin, S. N.** & Mohr, C. D. (2015). Perceived Responsiveness, Stress, and Coping in the Workplace. In A. Stamatios Antoniou & C. Cooper (Eds.) *Coping, Personality and the Workplace: Responding to Psychological Crisis and Critical Events*. Gower Publishing.

Other Publications/Technical Reports:

Arpin, S. N. (2014). Epistemology and Methods in Social Psychology: Workshop Five Report. *European Bulletin of Social Psychology*, 26(2), pp. 54-57.

Manuscripts under review:

Arpin S. N., & Mohr, C.D. (under review). Experimental investigation of loneliness and the perceived provision and receipt of responsive behavior within capitalization interactions. *Personality and Social Psychology Bulletin*.

Bartlett, M. Y., Valdesolo, P., & **Arpin, S. N.** (under review). The most powerful may be the most grateful: Self-esteem links power and gratitude. *Social Psychological and Personality Science*.

Manuscripts in preparation:

Arpin, S. N., Mohr, C. D., Starkey, A., Haverly, S., Hammer, L. (data analysis in progress). A well spent day brings happy sleep: Findings from a dyadic study of capitalization support, loneliness, and sleep outcomes.

Arpin, S. N., & Mohr, C.D. (in preparation). No one to turn to in times of joy: The inhibiting effects of loneliness on positive-event disclosure.

Arpin, S. N., Alley, L., & Mohr, C. D. (in preparation). I'm so lonely I could binge: Behavioral consequences of loneliness through disengagement and substance use coping.

Arpin, S. N., Mohr, C. D., & Hammer, L. (data analysis in progress). Dyadic effects of loneliness on dyadic adjustment and health behaviors among veterans and romantic partners: Mediating role of perceived responsiveness.

Arpin, S. N., Mohr, C. D., & Sinclair, R. (data analysis in progress). Bringing loneliness into the workplace: Loneliness, workplace demands, perceived coworker support, and employee health.

PRESENTATIONS

*denotes student author/co-author.

Conference Presentations

Bartlett, M. Y., Valdesolo, P., & **Arpin, S. N.** (May, 2017). The most powerful may be the most grateful: Self-esteem links power and gratitude. Poster to be presented at the 29th annual convention for the Association for Psychological Science, Boston, MA.

*Schmidt, D., & **Arpin, S. N.** (April, 2017). The effects of loneliness-related event attributions on capitalization, stress, and positive affect. Poster to be presented at the 97th annual convention for the Western Psychological Association, Sacramento, CA.

Arpin, S. N., Mohr, C. D., Starkey, A., Haverly, S., Hammer, L. (January, 2017). A well spent day brings happy sleep: Findings from a dyadic study of capitalization support. In B. J. Peters and H. T. Reis (Chairs), *Implications of sharing good news with others on health*. Symposium presented at the 18th annual meeting for the Society for Personality and Social Psychology, San Antonio, TX.

Arpin, S. N., & Mohr, C. D. (January, 2016). Experimental investigation of loneliness and the perceived provision and receipt of responsive behavior within capitalization interactions. Poster presented at the 17th annual meeting for the Society for Personality and Social Psychology, San Diego, CA.

Brannan, D., Murphy, L., **Arpin, S. N.**, Duhart, S., & Dutton-Bean, A. (January, 2016). Work-family-school balance: A mixed methods examination of the effects of daily demands on moods. Presented at the Emotions Preconference for the 17th annual meeting for the Society of Personality and Social Psychology, Sa Diego, CA.

Haverly, S.N., Mohr, C.D., McCabe, C.T., & **Arpin, S.N.** (January, 2016). The Dark Side of Capitalization: Emotional Costs Associated with Unsupportive Capitalization Processes. Poster presented at the 17th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Arpin, S. N., Alley, L., McCabe, C., Mohr, C. D., Haverly, S. (February, 2015). Investigating behavioral consequences of loneliness through disengagement and substance use coping. Poster presented at the 16th annual Society for Personality and Social Psychology Conference, Long Beach, CA.

Mohr, C., **Arpin, S.**, McCabe, C. (February, 2015). Capitalization and alcohol use: A moderated mediation model of relationship status, positive event disclosure, drinking motives and alcohol consumption. Poster to be presented at the 16th annual Society for Personality and Social Psychology conference, Long Beach, CA.

Arpin, S. N., & Mohr, C. D. (February, 2014). Having no one to turn to in times of joy: Loneliness, capitalization, and perceived relational deficits. Presented at the 15th annual Society for Personality and Social Society Conference, Austin, TX.

Brannan, D., **Arpin, S.**, & Mohr, C. (February, 2014). The buffering effects of social support exchanges on affect variability-drinking relationships. Presented at the Emotions Preconference for 15th annual meeting for the Society of Personality and Social Psychology, Austin, TX.

Mohr, C., Alley, L., McCabe, C., & **Arpin, S.** (February, 2014). The Actor-Partner Interdependence Model in intimate relationships research: A systematic review. Presented at the 15th annual Society for Personality and Social Society Conference, Austin, TX.

Arpin, S. N., Mohr, C.D., Wendt, S., & Wang, M (June, 2013). Are you lonesome tonight?: A daily process examination of loneliness, social context, and alcohol consumption in Japanese college students. In J.P. Read (Chair), *Do Youths Drink to Self-Medicate? When? Who?*. Symposium at the meeting for the Research Society on Alcoholism, Orlando, FL.

Arpin, S. N., Mohr, C. D., & Brannan, D. (January, 2013). Loneliness, social context, and health behavior: The influence of gender and perceptions of support on responses to daily loneliness. Presented at the 14th annual Society for Personality and Social Society Conference in New Orleans, LA.

Mohr, C. D., Brannan, D., Wendt, S., Wright, R., Jacobs, L., & **Arpin, S. N.** (January, 2013). The buffering effects of discrete positive moods on alcohol use. Presented at the 14th annual conference for the Society of Personality and Social Psychology, New Orleans, LA.

Sinclair, R. R., Mohr, C. D., & **Arpin, S. N.** (May, 2013). Expressive writing interventions in occupational health: Issues and opportunities. Presented at the 10th annual Work Stress and Health International Conference, Los Angeles, CA.

Sinclair, R. R., Mohr, C.D., Sliter, M., & **Arpin, S. N.** (April, 2013). Positive work experiences in nursing: Structure, outcomes, and interventions. In S. Kaplan (Chair) *Advances in Workplace Positive Psychology Interventions*. Symposium conducted at the 28th annual meeting for the Society for Industrial and Organizational Psychology, Houston, TX.

Arpin, S. N., Mohr, C., & Wendt, S. (February, 2012). Perceived isolation and health behavior: A daily process examination of loneliness-related alcohol consumption and social context. Presented at the Emotions Preconference for 13th annual meeting for the Society of Personality and Social Psychology, Sa Diego, CA.

Invited Talks and Presentations

Arpin, S. N. (February, 2017). Better relationships for better health. Lecture presented for the *Greater Gonzaga Guild*, McCarthy Athletic Center, Spokane, WA.

Arpin, S. N. (January, 2017). Loneliness: Impact on Student Health and Well-being. Webinar filmed for the Office of Parent and Family Relations, Gonzaga University.

Research in the media:

<http://time.com/4644058/supportive-partner-relationship-sleep-better/?iid=sr-link1>

<http://www.health.com/relationships/how-to-sleep-better-share-good-news>

https://motherboard.vice.com/en_us/article/during-times-of-extreme-stress-share-good-news

ACADEMIC SERVICE

Departmental Committees/Service

Program Review Committee, 2016-2017

Faculty Search Committee, 2015-2016

Campus-Wide Committees

Academic Standing Committee, 2016-present

Board Member for Center for Undergraduate Research and Creative Inquiry, 2016-present

Research Council Award Committee, 2016-2017

Leadership Positions

Advisor, Psychology Club, 2015-present

PROFESSIONAL SERVICE AND ACTIVITIES

Committees

Western Psychological Association, Council of Representatives, 2016-present

Reviewer

Journal of Family Psychology

Journal of Personality Assessment

Journal of Social and Clinical Psychology

Journal of Studies on Alcohol and Drugs

Psychology of Addictive Behavior

Multivariate Behavioral Research

Journal of Abnormal Psychology

Research Award Reviewer

SPSP Outstanding Research Award Review Committee, 2015

SPSP Graduate Student Poster Award Review Committee, 2015

Membership in Professional Societies

International Association of Relationships Research (IARR)

Society of Personality and Social Psychology (SPSP)

American Psychological Association (APA)

American Evaluation Association (AEA)

Alpha Sigma Nu Jesuit Honors Society